These self-portraits are snapshots that explore aspects of human frailty, vulnerability, pride and pretense. Each one is approached and created with utter abandonment resulting in a work that communicates and exposes raw emotion to the viewer. Painted as a form of documentation, each portrait represents a glimmer of an aspect of human emotions. The resulting image is less concerned with the physical likeness of the artist rather than the open display of humanness. The marks are raw and unrefined; they hold a level of vulnerability unattainable when painting others. Whether moved or repulsed, the viewer can feel the humanness within and explore the different states and intensity of emotion. These recent works are executed on canvas or Rives BFK paper with mixed media. They are constructed in layers in order to fully represent the complexity of a single emotion. The layers are synthetic polymer emulsion. The pieces are mounted raw and unframed consistent with their execution.